

Personal equipment list for camp:

- Rucksack
- Uniform with neckerchief (to be worn to and from camp)
- Sleeping Bag (for temperatures to 0°C), pillow case, sleeping bag liner (useful for keeping inside sleeping bag clean)
- Sleeping mat
- Nightwear (warm pyjamas, track suit, etc)
- Waterproof raingear (windproof jacket and leggings)
- Old clothes/tracksuit (that would not be missed if damaged) for general day-wear on camp
- Spare clothes (should pack 2 full changes); warm jumper/fleece; all dry-packed in bags
- Spare socks (in addition to above, 4 extra sets)
- Runners or other light shoes for general day wear
- Waterproof hiking boots or strong shoes (must be worn if chopping wood)
- Towel (medium sized; bath towel would be too big; sports micro-fibre towel ideal)
- Personal toiletries and grooming kit (toothbrush/paste, hairbrush, facecloth, shampoo, etc.)
- Torch (with spare batteries)
- Plastic bin bags (or waterproof stuff-sacs) for separating wet from dry gear
- Day-to-day medications (inhalers, etc.) if required
- Small, reusable, water bottle
- Day bag (small rucksack/backpack preferably with rainproof cover)
- Plastic mug/plate/bowl and cutlery
- Notepad and pen
- Insect repellent (and/or headnet)
- Sunblock

Notes:

- **There are children on camp with severe airborne allergy to nuts. Children are asked not to bring any food which contains nuts.**
- Absolutely no food is to be brought and kept in sleeping tents due to the real risks of vermin. Sweets etc. can be brought but they must be in a plastic bag with the child's name on. Leaders will keep this and allow access at designated snacking times. If your child has a dietary issue, please discuss with the Camp Chief.
- Beavers and Cubs may bring one teddy or cuddly toy
- Everything you are bringing should fit inside the rucksack (with the exception, if necessary, of your sleeping bag and mat).
- Travel to and from camp is in Full Uniform.
- Boots are needed, if camp is wet, and if chopping wood.
- Mark everything with your name
- Mobile phones usage is strictly subject to approval by leaders. The leadership team will not be responsible for loss or damage of mobile phones so we suggest you do not bring them.
- Multi-media players etc may get damaged, lost, or stolen. We will not be able to recharge them.
- For Scouts and Ventures, deodorant needs to be brought, but aerosols are not permitted.
- We suggest that Cubs and Beavers have no more than €10 pocket money.
- If taking medications, a Managing Medications form must be completed.